



Light for the Journey - Courage for the Soul

©2020 - A 501(c)(3) Non-Profit Organization since 1997

Dementia  
THE ^ CAREGIVER'S  
LITTLE  
BOOK OF HOPE

A Guide for the Pathless Path from:  
**DEMENTIA CAREGIVER RESOURCES, INC.**

By: Karen Truman, PhD

This is **must have** guide for seasoned professionals, students, and families who assist and care for persons with a dementia.

**“THE DEMENTIA CAREGIVER’S LITTLE BOOK OF HOPE”**

*addresses issues important to all caregivers.*

- ♥ How and why to get a proper diagnosis
  - What legal documents are necessary
- ♥ Best way to obtain Veteran’s benefits
  - Emergency Rooms & Hospital Stays
- ♥ Original Medicare vs. “Advantage”
- The Top 10 Medicaid Eligibility Mistakes
  - ♥ Effective ways to deal with guilt
  - The Importance of Support Groups
  - ♥ How to avoid caregiver burn-out
  - Reduce your risk of Alzheimer’s

To order your copy, visit: [www.dcrinc.org](http://www.dcrinc.org)